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## Club President Message

*Season 2022 is underway!*



With life starting to return to a 'new normal' the committee and staff of **your** club have been working hard to get season 2022 started. We welcome some new faces to our football

department as we look to re launch our football programs at Dorothy Laver West Reserve which include:

- Summer 7s competition from this Saturday 6 November
- JBNPL trains from Tuesday 9 November
- Ashy Academy (under 10 to 13s) starting from 5.30pm, 9 November

The club is very much active again and I encourage all our members to stay tuned and get involved! We are also keen to lock in all our team coaches and team management as soon as possible, so we can hit the ground running next calendar year. Other areas we are looking for members help with, include;

- Miniroos and juniors age group co-ordinators (basically a team manager that can help across an age group)
- All abilities football co-ordinator
- Sponsorship
- Canteen
- Special event helpers
- And a whole lot more!

So if you have a desire to help on or off the pitch, then please contact Lesley [lesley@ashburtonsoccer.com.au](mailto:lesley@ashburtonsoccer.com.au) or me directly at [Ray@ashburtonsoccer.com.au](mailto:Ray@ashburtonsoccer.com.au)

As always, I am very happy to discuss any of this in more detail with anyone who wants to contribute to the club, this year or next. We will send out information in coming weeks on key dates for next year as well.

On behalf of the committee, we are excited to get the new season started. We look forward to doing what we do best, and that's getting as many members of our community back on the pitch playing football again.

Ray

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## Annual General Meeting

It's one of the most important times on the club calendar with Ashburton set to hold its Annual General Meeting on Monday November 22, 2021, as 7.00pm.

This has been another tough year for community organisations such as Ashburton, so the AGM is the perfect way to keep updated on all club matters. All our members are encouraged to attend, even if you just want to listen in.

Given the indoor Covid restrictions, this meeting will be held online, via Zoom. The link to join the AGM will be made available on the club website and forwarded to members closer to the date.

As part of the meeting, the club will be calling for nominations for the following positions: Treasurer, Secretary, 3 x General Committee members.

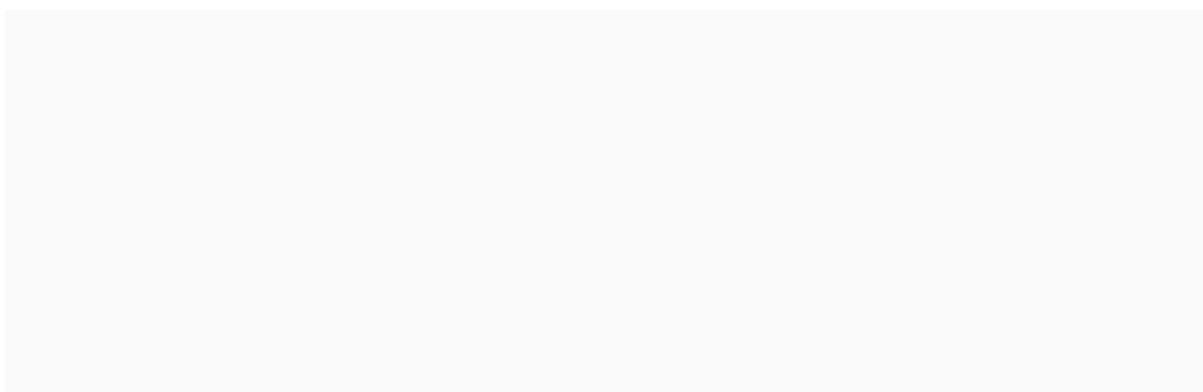
If you'd like to find out more about Committee roles and how you can get involved, then please contact our Club Secretary, [Melissa Butler](mailto:MelissaButler@ashburtonsoccer.com.au) – [melissa@ashburtonsoccer.com.au](mailto:melissa@ashburtonsoccer.com.au)

Please note, all Nomination and/or Proxy forms must be completed and received by the Club by 7.00pm on Sunday 21 November 2021.

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## Latest coaching appointments

**A big part of the club philosophy, the Ashy Way, is having quality coaches in place at every age level. Coach recruitment is now well underway with a number of key appointments made in preparation for next year:**



**John Sugunananthan, joins the club as our new Female Football Director.** John is a highly credentialed coach and football administrator. Amongst his achievements, John has been a championship coach in the National Women's Premier League and currently serves on Football Australia's Women's Football Council.



**Marcelo Koslowsky has re-signed as our JNPL Head Coach.** 'Mars' was

formerly the Technical Director at South Melbourne FC and Box Hill FC. Prior to that he coached in South America with Club Atletico Paranaense, Gremio FBPA and Club Deportivo Capiata.

**Neb Stojkovic, has signed as a Coach for our JNPL and Ashy Academy programs.** Highly regarded in football circles, Neb (1) holds an FFA B licence, FFS B licence, AFC Futsal licence and a West Ham Coaching certificate. He played professionally in Europe and has international futsal experience.

**Neb Pejic also joins as Coach for our JBNPL and Ashy Academy programs.** Neb (2) has extensive experience as a player and a coach and has his UEFA B Licence. He played professionally in Europe and represented the Bosnia and Herzegovina national team.

**Zoran Tudor has re-signed as our Men's First team coach.** 'Zocky' has played at the top tier of senior football with NPL clubs such as St Albans and Dandenong City. A former club captain, Zocky took over the First team coaching duties having previously served as the Assistant coach.

**Stuart Charman has re-signed as our Men's First team Assistant Coach.** Stuart is a highly regarded and long serving Ashy player and coach. He was formerly a JNPL coach and continues to coach our Over 35s squad.

**Amrith Eldridge and Felipe Herrera have signed to coach our Men's Metro 2 & 7 squads.** Both are club stalwarts who have played and coached across our senior and junior cohorts over many years.

We look forward to providing further updates as more coaches are confirmed.

## **Go Sevens is back!**

**In some exciting news, Ashy will once again host the Go Sevens Summer competition at Dorothy Laver Reserve.**



Building on the success of last year's program, this will be a great way to start playing football again after a lengthy period of lockdown. This year's program will run over six rounds from November 6 to December 11 with leagues for junior boys and girls; senior men and women; and our never too old Masters. For our younger players, we will be running a modified program on Wednesday evenings with smaller pitches and team sizes, so that everyone can join in the fun.

We'll be reporting on the competition in upcoming newsletters. For now, please contact [Lesley\\_at](mailto:Lesley_at) if you have any questions.

## **Futsal set to recommence!**

Following the easing of government restrictions, we are now planning to recommence our Futsal competition in the lead up to Christmas. We'll be running junior and senior competitions at the Ashburton Pool & Recreation Centre. If you're interested in playing, or would like further information, please contact Lesley at [lesley@ashburtonsoccer.com.au](mailto:lesley@ashburtonsoccer.com.au)



## Return to play conditions

In welcome news, Football Victoria has released the new Return to Play conditions which reflect the easing in Government restrictions. The key points are summarised as follows:

	Outdoor football	Futsal/Indoor football
<b>Matches/ competition and training</b>	Permitted	
<b>COVID Check-In Marshals</b>	Required	
<b>Spectators</b>	<p>Minimum number of people to deliver training and match days.</p> <p>Spectators are permitted in line with public gathering limits.</p> <p>Groups of 30 are permitted and must be socially distanced.</p> <p>1 parent/guardian per child (Under 18) to maintain the minimum number of personnel required.</p>	
<b>Masks</b>	Recommended outdoors if you cannot maintain physical distancing.	Required indoors when not participating in football activity
<b>Changerooms</b>	Closed	
<b>Toilets</b>	Open	
<b>Canteens</b>	Canteens may reopen with take-away and limited dine-in arrangements, provided it strictly adheres to the restrictions on hospitality venues, including vaccination requirements for seated service.	

Football Victoria has more detailed information on their website about the changing conditions, which is available [here](#).

## Regan Milstein Foundation

Each year the Foundation collects pre-loved and unused sports gear and delivers it to less fortunate communities around the world and closer to home. We play our part at Ashy, collecting unneeded soccer gear, boots, runners and sports equipment, which then goes off to help children in Australia, Tonga, Albania, South Africa and many other countries. If you'd like to help, contact Lesley who is coordinating the collection. Pictured here is our first batch of donations.



## A message to all Coaches & Team Managers...

If you haven't done so already, could all 2021 coaches and team managers please return their Team Bags by Saturday 20 November.

You can return your bags to Dorothy Laver Reserve over the weekend while Go Sevens is on, or you can drop them off at the club's distribution hub (Lesley's balcony).

If you have any questions, then please reach out to Lesley directly.

Pictured is Marcelo as he oversees the club pack up for 2021.



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## Active Kids Voucher

The Get Active Kids Voucher Program is a government initiative that helps eligible families get their kids involved in organised sport and recreation activities by reimbursing the cost of membership and registration fees, uniforms and equipment.

Eligible children may be able to receive up to \$200 each per round. The current application round is now open and will close at 5pm on Tuesday 30 November 2021. For more information go to [www.getactive.vic.gov.au/vouchers/](http://www.getactive.vic.gov.au/vouchers/)

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## Newsletter Editor Wanted!

We're looking for a Newsletter Editor for 2022. If you like writing and have some basic publishing skills then we'd really like to hear from you. It's a great way to get involved in some volunteer work. If you'd like to find out more, contact Paul Crisp at [paul@ashburtonsoccer.com.au](mailto:paul@ashburtonsoccer.com.au)

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## Plant sales at Lucas House and Garden

Have you noticed the Plant Sales Cart at Lucas House and Garden's Ashburton HQ?

Stocked full of herbs and vegetables including new season basil, sage and common herbs. Why buy the plastic wrapped herbs from the supermarket when you can buy a whole plant cheaper?

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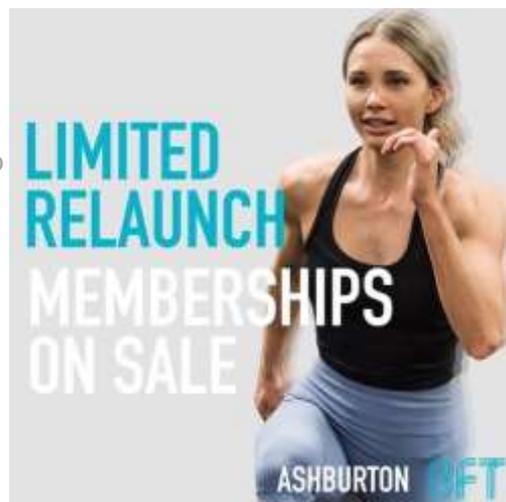
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[Bodyfittraining.com](http://Bodyfittraining.com)

**Glenferrie**  
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## Helping Ashy players on the road to recovery

To our dear Ashy community:

Last season was very trying for all of us! Yoyo-ing between game on/game off has taken a toll on bodies and minds alike. Notwithstanding, many of our players have been extremely committed to taking care of themselves through consistent Physiotherapy at Glenferrie Sports and Spinal Clinic to ensure they are at their best for their team, club, and community.

We'd like to take this opportunity to highlight one such player, with the goal of inspiring everyone to take charge of their health for the season to come. This Senior Women's player sustained an ACL rupture early on in the 2021 season. Despite the disappointing injury at the time, she jumped into rehab straight away and attended regular physio for months to strengthen her body in preparation for surgery. She has recently undergone a very successful ACL Reconstruction and is kicking goals (not literally of course!) in her recovery under the guidance of one of our physiotherapists.

We look forward to welcoming her back to the team as soon as it is appropriate to do so, and I'm sure that she has many pearls to share with our younger players on the importance of resilience, dedication, and self-care in sport.

Now that things are picking up again, make sure you ease yourself back into activities gradually in order to avoid injury. Remember, you've spent a lot of time off the pitch in the last 6 months and your fitness levels may not be where you remember them. We are here to help and will be providing some specials leading into Christmas ( think: Gap-free Initial Assessments). Also be sure to check out [www.glenferriessc.com.au](http://www.glenferriessc.com.au) for some relevant articles around injury prevention, treatment, and recovery.

Stay safe and we can't wait to see you all back on the field!

[Glenferriessc.com.au](http://www.glenferriessc.com.au)

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