

# Junior Girls Pre-NPL Program

## Under 13s, 15s, 17s



- ✓ Team based football with home and away fixture against other pre-NPL clubs
- ✓ Suitable for skilled girls aged between 12 and 17.
- ✓ Girls performance pathway under guidance of the Club's Director of Womens and Girls Football

<b>Competition Format</b>	Football Victoria competition rule for girls pre-NPL Opportunities to play in local, regional and interstate tournaments throughout the year
<b>Development Pathways</b>	Girls performance pathway via A grade team. AUSC does not have a JGNPL license at this stage. This pre-NPL competition is a big step towards full NPL participation in the future.
<b>Days/Dates</b>	Preseason starts second week of Feb through to early April as per schedule. Season starts April until September. Training through season 2 nights per week – encouraged for all players.
<b>Location</b>	Pre season: Check club training schedules on website and details on Stack TeamApp Games in season: one of club venues in Ashburton
<b>Times</b>	Check website for schedule and details entered on Stack TeamApp Games – Matches are played on Sundays. U13s 9v9, U15s/U17s 11v11. Please make sure attendance is confirmed prior to matches and training by club check in app (Stack TeamApp) and arrive 30 minutes before training session and 45 minutes before game starts. This helps the coaches with training and game planning
<b>Duration</b>	Training is for 90 minutes. Please ensure attendance is confirmed and arrive 2h before the start of training.
<b>Coaching</b>	Girls' Pre-NPL Squads are coached by qualified and experienced coaches who train them twice per week. All coaching overseen by the Club's Technical Director and Director of Women/Girls.
<b>Fees</b>	TBC for season
<b>Uniform</b>	Uniforms included in the fee. To be ordered from Umbro.
<b>Contact</b>	Ashburton United Soccer Club 2/269A High St Ashburton 3147 Ph: 9885 2374 Email: <a href="mailto:admin@ashburtonsoccer.com.au">admin@ashburtonsoccer.com.au</a> Web: <a href="http://www.ashburtonsoccer.com.au">www.ashburtonsoccer.com.au</a>